

## EPISODE 13 CLASS NOTES

### CREATE BEAUTIFUL FLYING GEESE AND TRIANGLE SASHINGS

In this episode, we'll be creating a range of different sashings using the 2" QAYG Pieced Sashing Template Set. These sashings are different to any we've made so far—they're specifically designed to work with turnbacks, helping you achieve perfect points every time.

We're learning how to create double checkerboard, star, triangle, and miniature flying geese sashings.

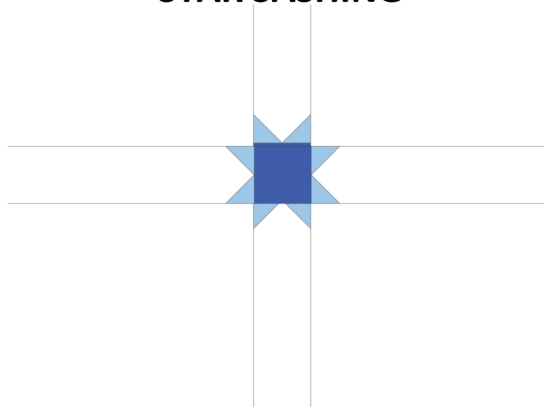
#### Using the Sashing Templates for Precision Cutting

Unlike traditional templates, these have been designed by PQW to include the turnbacks. There are no other templates on the market that give the desired finish and perfect points to accommodate the necessary turnbacks for the Quilt As You Go method.

The PQW Pieced Sashing Templates are designed to make cutting sashings fast, easy, and accurate. Unlike standard templates, we have designed these to include turnbacks—you won't find this feature anywhere else, and it's essential for achieving a clean, finished result with Quilt As You Go quilts.

- Always measure the width of the template before cutting your fabric.
- Cut your fabric strips to match the template width—this makes handling fabric much easier.
- Use a small rotary cutter (18mm blade) for precise cuts around the template.
- A rotating cutting mat helps to easily move around the template's edges.
- Press the templates firmly onto the fabric—they have non-slip grips to prevent shifting.

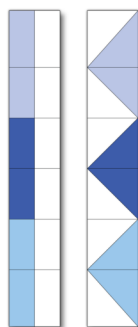
**STAR SASHING**



**TRIANGLE SASHING**



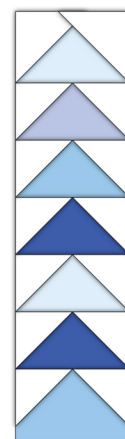
**SIDE BY SIDE  
TRIANGLE SASHING**



**DOUBLE CHECKERBOARD  
SASHING**



**MINIATURE FLYING  
GEESE SASHING**



## DOUBLE CHECKERBOARD SASHING

This is a simple but effective sashing that creates a checkerboard effect using a variety of colours with the background fabric.

### Cutting Instructions:

Using the 'Square Sashing' template from the 2" QAYG Pieced Sashing Template Set:

- Cut 20 x rectangles from the background fabric (Figure 1)
- Cut 20 x rectangles from coloured fabrics (Figure 2)

*You'll make two sets of checkerboards, with 10 in each row, which will be offset when sewn together.*

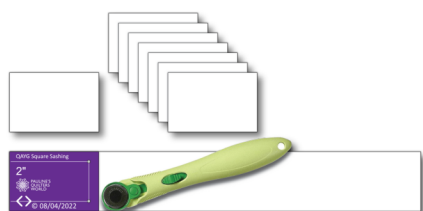


Figure 1

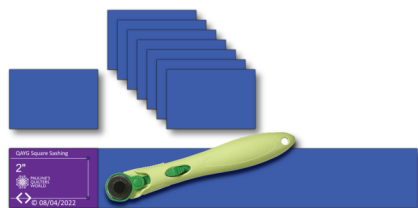


Figure 2

### Assembly Instructions:

1. Sew the rectangles together using a  $\frac{1}{4}$ " seam, starting with a background piece, followed by a coloured piece then a background, and continue alternating until you have 10 rectangles joined together (Figure 3, 4 & 5)

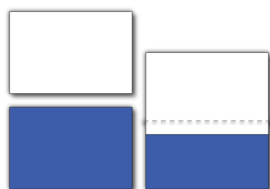


Figure 3

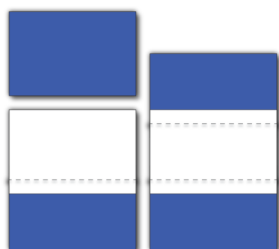


Figure 4

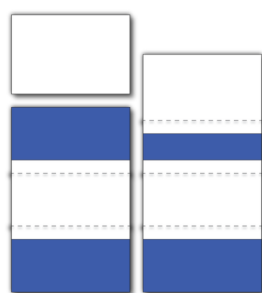


Figure 5

2. For the second row, start with a coloured piece first, then background and alternate until you have 10 rectangles joined together.

3. On both rows, press the seams towards the darker fabrics. (Figure 6)



Figure 6

4. Nest the seams and pin using double fork pins for perfect alignment.

5. Sew the rows together and press the seams in one direction (Figure 7)



Figure 7

6. Put the completed strip through the 2" Sasher tool (Figure 8)

7. Cut batting  $1\frac{7}{8}$ " wide, insert it into sashing and press.

Figure 9 shows an alternative version of the sashing using multiple colours.



Figure 8

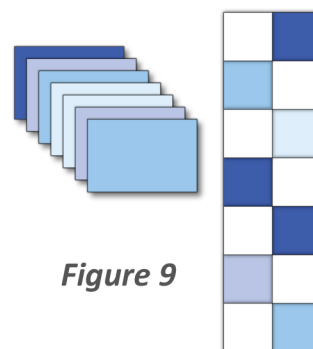


Figure 9

## STAR SASHING

The Star Sashing is a stunning design that adds dimension and movement to your quilt by incorporating star points into the sashing.

### Cutting Instructions:

- Cut 4 x strips of background fabric 4" wide x 11" long
- Using the square 'Triangle Star Points' template from the 2" QAYG Pieced Sashing Template Set:
  - Cut 8 x squares of the same colour from one fat  $\frac{1}{4}$  (Figure 1)
- Using the large rectangle 'Triangle Star Points' template from the 2" QAYG Pieced Sashing Template Set:
  - Cut 1 x rectangle of contrasting fabric (Figure 2)

Note: The rectangle template has seam allowances on only two sides—this is intentional.



Figure 1



Figure 2

### Assembly Instructions:

1. On the wrong side of each square, mark a diagonal stitching line using a fabric marking pencil (Figure 3)

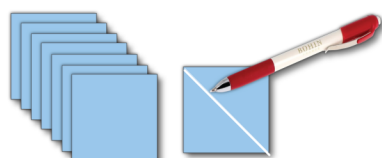


Figure 3

2. Sew just inside the marked line, to account for thread thickness and a perfect turnback.

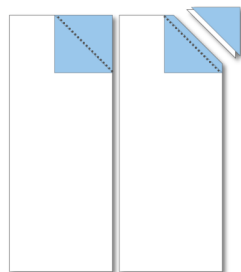


Figure 4

3. Trim the seam allowance by placing a ruler  $\frac{1}{4}$ " from the stitched line and cut (Figure 4)

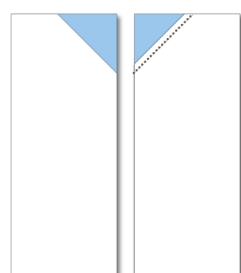


Figure 5

4. Press the seam outward to form a square corner, so the triangle is laying out to the edge (Figure 5)

5. Lay the second square onto the opposite corner, overlapping the first piece, and stitch (Figure 6)

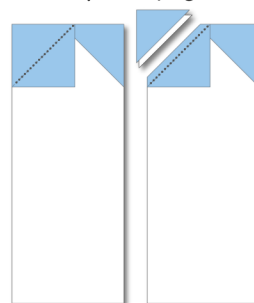
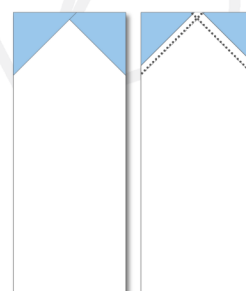


Figure 6

6. Trim and press (Figure 7)



Front Back  
Figure 7

7. Repeat until you have 4 strips with star points.

8. Join 2 of the strips with star points to the long sides of the contrast rectangle. Press seams toward the rectangle (Figure 8). Put this strip through the 2" Sasher and press (Figure 9).

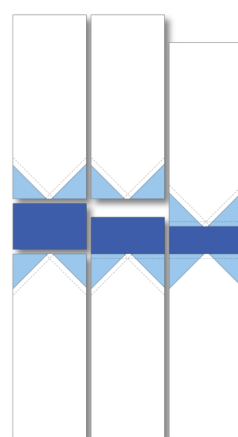
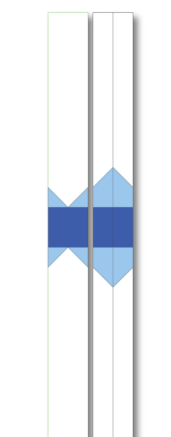
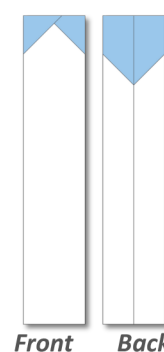


Figure 8



Front Back  
Figure 9



Front Back  
Figure 10

10. Cut x 2 strips of batting  $1\frac{7}{8}$ " wide x 11" long and 1 piece  $1\frac{7}{8}$ " wide x 25" long and insert into the sashings.

11. Join the remaining 2 sashings to each side of the rectangle using  $\frac{1}{4}$ " seam. Press the seam to the rectangle.

12. Put this strip through the 2" Sasher then fill with batting.

## TRIANGLE SASHING

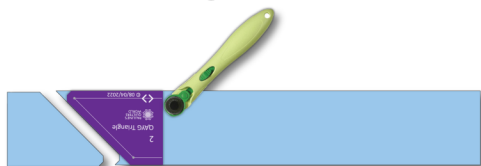
This classic design uses triangles to add strong geometric lines to your quilt. Once completed, this sashing looks like perfectly pieced triangles, even though it is Quilt As You Go technique!

### Cutting Instructions:

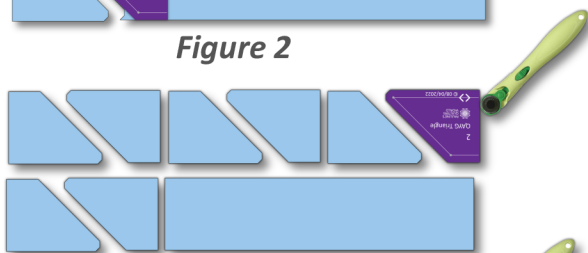
- Using the 'QAYG Triangle' template from the 2" QAYG Pieced Sashing Template Set:
  - Cut 11 Triangles from assorted colours topping and tailing the template as you cut. Cut these triangles from 2 ½" wide strips or from leftover pieces (*Figure 1, 2 & 3*)
  - Cut 1 strip of background fabric 2 ½" wide by approximately 22" long. Cut 11 triangles from the background strip, topping and tailing the template as you cut (*Figure 4*)



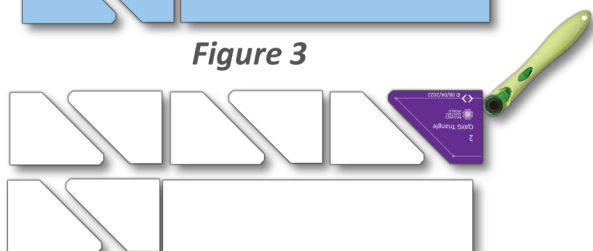
**Figure 1**



**Figure 2**



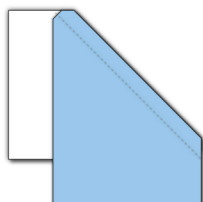
**Figure 3**



**Figure 4**

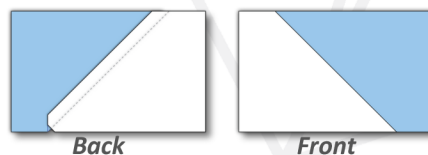
### Assembly Instructions:

- Align triangles in pairs and sew together using a ¼" seam (*Figure 5*)



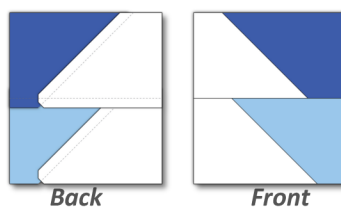
**Figure 5**

- Press seams toward the darker fabric to create crisp lines (*Figure 6*)

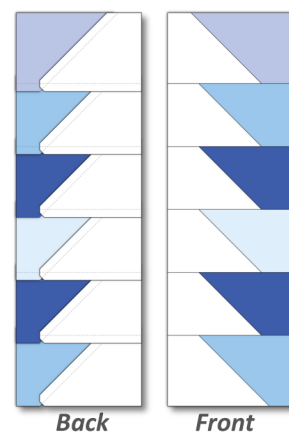


**Figure 6**

- Piece all the triangle units together, matching points accurately until you have a strip of 11 triangles (*Figure 7 & 8*)

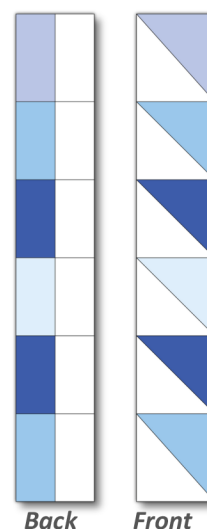


**Figure 7**



**Figure 8**

- Put the assembled sashing through the 2" Sasher tool to fold the edges back (*Figure 9*)



**Figure 9**

- Insert a strip of batting that is 1 ⅞" wide by the length of the triangle sashing, and press.

## SIDE BY SIDE TRIANGLE SASHING

This variation on the triangle sashing features side-by-side triangles that create a continuous effect.

### Cutting Instructions:

For this sashing you will need 2 background triangles and 2 of the same colour triangles for each set that are mirror-images, so the triangles align properly. You need to make 5 sets.

- Cut 2 x strips of background fabric 2 ½" wide by 11" long
- Put the 2 x strips right sides together and use the 2" QAYG Triangle template to cut out 10 triangles
- Choose 5 x assorted colours from offcuts, or cut pieces that are at no smaller than 4 ½" x 2 ½"
- Fold each of the 4 ½" x 2 ½" pieces in half, so the right sides are together, and cut around the 2" QAYG Triangle template.

### Assembly Instructions:

1. Pair triangles together and sew with a ¼" seam (Figure 1)

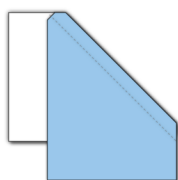


Figure 1

2. Press one seam toward the light fabric and the other toward the dark fabric—this helps nest the seams perfectly (Figure 2)



Figure 2

3. Pin each set together using a fork pin and sew down the centre seam to form a triangle set (Figure 3). Piece all the triangle sets together, matching points accurately until you have a strip of triangles (Figure 4).

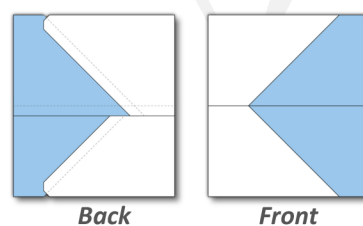


Figure 3

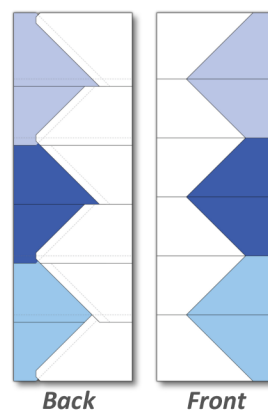


Figure 4

4. Put the assembled sashing through the 2" Sasher tool (Figure 5)

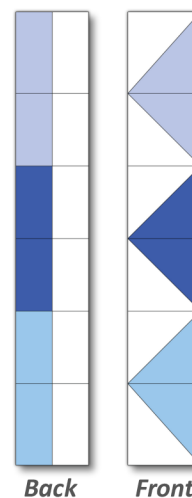


Figure 5

5. Cut Batting 1 ⅞" wide x 21" long and insert batting into the sashing, then press.



## MINIATURE FLYING GEESE SASHING

These tiny flying geese add delicate detail to the quilt and are great for filling in smaller sashing spaces.

### Cutting Instructions:

- Using the irregular shaped 'QAYG Flying Geese' template from the 2" QAYG Pieced Sashing Template Set:
  - Cut 2 x strips of background fabric 1 ½" wide x 18" long
  - Lay the 2 strips right sides together and cut out 16 for the side pieces for the Flying Geese to get the sides going in the right direction (Figure 1, 2 & 3)



Figure 1



Figure 2



Figure 3

- Using the triangle shaped 'QAYG Flying Geese' template from the 2" QAYG Pieced Sashing Template Set (Figure 4 & 5):
  - Using a selection of coloured fabrics, cut 8 for the middle section of the Mini Flying Geese.
  - If making the flying Geese from one colour, cut a strip of fabric 1 ½" wide and cut from the strip
- You should end up 2 sides and a middle piece for each Flying Geese unit (Figure 6)



Figure 4

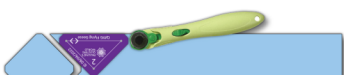


Figure 5



Figure 6

### Assembly Instructions:

- Sew the first triangle to one side of the rectangle, pressing outward (Figure 7 & 8)



Figure 7



Figure 8

- Repeat for the opposite side, ensuring the pieces align perfectly (Figure 9)

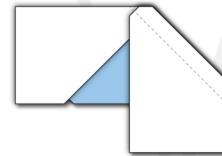


Figure 9

- Press seams outward and check that the triangle points are sharp (Figure 10)



Figure 10

- Sew multiple flying geese units together, ensuring the seams align (Figure 11 & 12)



Figure 11

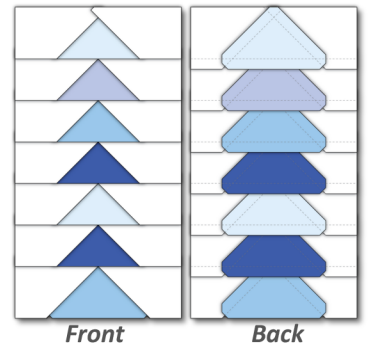


Figure 12

- Put the assembled sashing through the 2" Sasher tool and insert batting (Figure 13)

- Cut a strip of batting 1 ⅞" wide x 9" long, insert and press.

### For perfect flying geese:

- Use a stiletto tool to control fabric while sewing.
- Match seams carefully so points remain crisp.
- Sew directly through the X at the seam intersections to avoid cutting off the points.

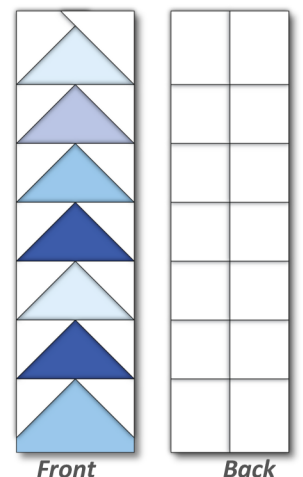


Figure 13